

Manilla Show Society Inc.

WHITEHAVEN

WIFE CARRYING COMPETITION

Wife Carrying Steward : Mrs Rachael Harry

Saturday 14th March 2020

Approximately 7pm

\$2 entry

Prize money 1st 200, 2nd \$150, 3rd \$100

Most creative carry \$50

Entries taken on the day at the Secretary's Office

Both Team Members must be **18 years and over**



The person being carried race weight is to be **49kg or over**

(If your carrying weight is less than 49kg you must bring your own weights to bring your carrying weight up to the 49kg mark)

Teams must consist of a male and female

Helmets are required to be worn by the carried competitor

Competitors run the course two at a time in initial heats, with each team being timed. The two fastest teams qualify for a final heat, which may be timed or untimed, with the winner of the final heat being the winner of the event. Because the final heat is determined by time, qualifying teams do not necessarily have to win their initial heat. Additional heats may be run for third place, and so on.

If a competitor drops his teammate, their team will be penalised with five seconds added to their time.

Teams may not advance on the course without the wife/partner being carried, and will be disqualified if they do not carry their wife/partner the entire length of the course.

There is no restriction on how the female teammate is carried. Several types of carry are commonly used including the Piggyback and Fireman's Carry (over the shoulder). However, the most popular is the Estonian Carry in which the wife hangs upside-down with her legs around the husband's shoulders, holding onto his waist

Course

A flat track, approximately 200m in length.
Course design will include obstacles

